

Chelsea Cheek
Work: (469) 759-0179
Counseling.Cheek@gmail.com

Education

Masters in Clinical Mental Health Counseling, NCC 12/2021
Texas A&M University-Commerce, Commerce, Texas (GPA 4.0)
Varsity Track and Field team

Bachelor of Science in Kinesiology & Sports Studies 08/2019
Texas A&M University-Commerce, Commerce, Texas (GPA 3.58)
Varsity Track and Field team

Experience

Counselor 07-2022 - Present
Chelsea Cheek LPC-A, NCC

- Conducted and has proficiency in therapeutic intervention, assessment and evaluation and case management with adults who struggle with addiction and trauma.
- Create and employ marketing strategies to advertise and produce successful referral processes.

Therapist Aid

Glen Oaks Hospital, Greenville, Texas 01/2021 - 02/2022

- Work with patients to help identify, examine, and treat mental health and emotional issues or disorders
- Being able to communicate and counsel different cultural populations with an unbiased point of view, using self as an instrument.

Head Track and Field Coach 04/2019 - 08/2019

Commerce Parks and Recreation, Commerce, Texas

- Committed to the personal development of each player on the roster
- Display strong communication, motivational and organizational skills

Skills/Activities

Over 700 field site/classroom hours towards LPC-A Licensure 08/2020 - 08/2021

TAMUC Student Athlete Advisory Committee 08/2017 - 07/2020

TAMUC Leadership Academy 08/2018 - 07/2020

Over 50 hours of community service with A&M Commerce Athletics, Special Olympics and City of Commerce

Honors/Awards

Dean's list 08/2016 - 05/2019

President's list 08/2018 - 05/2021

All-Academic Honors 08/2016 - 05/2021

NCAA All-American 05/2018, 05/2019

Certifications

LPC-A Licensure 06/2022

CPR certified 08/2020

First Aid and Safety 11/2017

REFERENCES

1. Zaidy MohdZain
Head Professor
Texas A&M University - Commerce
P.O. Box 3011, Commerce, TX 75429
Phone: (903) 886-5594
Email: Zaidy.Mohdzain@tamuc.edu

Relationship: Head of the Department of Counseling
Years Known: 3
2. Edith Gonzalez
Assistant Professor
Texas A&M University - Commerce
P.O. Box 3011, Commerce, TX 75429
Phone: (903) 886-5637
Email: Edith.Gonzalez@tamuc.edu

Relationship: Practicum/Internship Professor
Years Known: 2
3. Ian Smith
Divisional Director of Admissions
Universal Health Services
301 Division St, Greenville, TX 75401
Phone: (801) 362-6888
Email: Ian.Smith@uhsinc.com

Relationship: Internship Supervisor/ Previous Boss
Years Known: 2