

Amber Ensign, MACP, LPC #71458

(C) 682-800-4213 amberensign.counseling@gmail.com

PROFILE

An empathetic listener with a desire to help people by being that ever needed listening ear, and providing guidance as sought. A fast learner with an adjusted typing speed of 81 words per minute who picks up new tasks easily, thrives working under deadlines, and enjoys challenges.

MAJOR ACCOMPLISHMENTS

- Granted Licensed Professional Counselor license on February 1, 2018.
- Eye Movement Desensitization Reprocessing (EMDR) trained
- Trauma Focused - Cognitive Behavioral Therapy (TF-CBT) trained and certified

PROFESSIONAL EXPERIENCE

BetterHelp Contract Therapist

North Richland Hills, TX

5/2021 – present

Provide teletherapy to matched members based on needed services and availability. Teletherapy provided includes psychotherapy, Cognitive Behavioral Therapy (CBT), and EMDR. Maintain session notes and treatment plans for each client/member. Schedule live sessions as requested and provide additional support as needed between sessions.

Starbucks Shift Supervisor/Barista

Southlake, TX

6/2021 – 10/2021

Provided outstanding customer service and hand-crafted coffee beverages to customer specifications. I provided direction to partners for each shift, placed them at workstations, filled in for breaks, and answered questions as necessary. Helped train new partners as needed, cleaned the store as needed, and any other tasks assigned.

Ellis County Children's Advocacy Center Clinical Therapist

Waxahachie, TX

5/2018 – 5/2021

Utilized evidenced-based therapies to provide support and healing to children, adolescents, and families following traumatic experiences, with a primary focus on child sexual abuse.

New Heights Counseling, LLC. Contract Therapist

Coppell, TX

9/2017 – 9/2018

Provided individual counseling to children, adolescents, and adults. With children, engaged in Child Centered Play Therapy.

Gladney Center for Adoption Contract Therapist

Ft. Worth, TX

9/2016 – 7/2018

Utilized solution focused counseling to help women considering adoption services and living on site at the Fort Worth location of the center.

First Baptist Church Euless Executive Assistant to the Ministries Pastor

Euless, TX

6/2015 – 6/2017

Managed the church calendar, prepared meeting notes, ordered class curriculum, updated the church database, scheduled meetings, and other various administrative duties. Helped plan and coordinate events for lay leadership development.

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**Integrated Psychotherapeutic Services (IPS)
Therapist**

Dallas, TX

2/2014 – 5/2015

Facilitated mental health/chemical dependency treatment groups utilizing empirically based psychotherapeutic interventions with an adult forensic population. Conducted clinical intake assessments, developed and updated treatment plans, and completed discharges as necessary. Participated in weekly treatment team meetings.

**Gateway Church
Part-time Bookstore Associate**

Southlake, TX

4/2013 – 2/2014

Utilized the RMS database to build purchase orders for new products, transfer product to other campus bookstores, and receive product into the store. Provided recommendations on books and product based on what customers were searching for, or check stock on requested items. Helped maintain the cleanliness of the store, participated in inventory counts, and completed any other tasks as assigned.

**Starbucks
Barista/Shift Supervisor**

Ft. Worth, TX

1/2012 – 5/2013

Provided outstanding customer service and hand-crafted coffee beverages to customer specifications. I provided direction to partners for each shift, placed them at workstations, filled in for breaks, and answered questions as necessary. Helped train new partners as needed, cleaned the store as needed, and any other tasks assigned.

ACTIVITIES AND VOLUNTEER EXPERIENCE

Volunteer Counselor, Grapevine PD Community Outreach Center – 4 years
Volunteer Counselor, New Horizons Ministries – 5 months
Inpatient Unit Volunteer, VA Puget Sound Seattle – 1 year

TRAINING AND EDUCATION

Eye Movement Desensitization and Reprocessing Training - 2020
Trauma Focused Cognitive Behavioral Therapy Certification - May 2019
Child Centered Play Therapy Intensive – June 2018
YouthCare's Sexual Exploitation of Youth Training - September 2011
Psychological Assessment - 3 Semesters - 2011
Masters of Arts in Counseling Psychology, Northwest University, 2011
B.A. Criminal Justice, Washington State University, 2003