

ERIN B. ANTHONY, M.ED., LPC

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PROFESSIONAL LICENSE AND DEGREES

Licensed Professional Counselor #69944

M.Ed. Counseling (CACREP accredited) - community child track

University of North Texas

2012

B.S. Communication and Ministry, Minor - Family Studies

Abilene Christian University

2008

OTHER CREDENTIALS

Registered Therapy Animal Handler through Pet Partners

2014

PROFESSIONAL AND CLINICAL EXPERIENCE

Galloway Counseling Center, Keller, TX

2013 – present

- Facilitating individual and group therapy for children and adults
- Providing play therapy, animal-assisted therapy, and sand tray therapy

Child and Family Resource Clinic, Denton, TX

2012

- Implemented individual counseling with adult, adolescent, and child clients in clinic and local elementary schools
- Participated in weekly supervision and training under experienced counselor supervisors and doctoral students
- Advocated for clients through consults with parents, teachers, and other mental health professionals
- Developed objectives and treatment plans for each client

Mustard Seeds Autism Treatment Center, Roanoke, TX

2012

- Created and launched play therapy program, including creation of playroom and system for documentation
- Conducted individual play therapy with 5 children with Autism diagnosis
- Saw decrease in challenging behaviors in sessions and at home, based on parent reports
- Worked with team of professional therapists from other disciplines to meet individual needs of each child

Counseling and Human Development Center, Denton, TX

2011

- Fostered progress in adult and child clients, based on assessments and client reports
- Facilitated ten-week psychoeducational parenting group based on Child-parent Relationship Therapy (CPRT)
- Administered and interpreted assessments
- Provided treatment plan and case conceptualizations

Academia Center 4 Tutoring, Grapevine, TX

2012 – 2014

- Designed and implemented psychoeducational groups for youth with Aspergers, Autism, or social difficulties
- Consulted with other team members to tailor treatment plans and provide holistic approach

In-home therapist for child and young adult with Autism, DFW, TX

2010 – 2014

- Provided Applied Behavior Analysis (ABA) and Relationship Development Intervention (RDI) therapies
- Saw documented decrease in self-abuse and other problem behaviors, through combined approach of Child-centered therapeutic limit-setting and behavioral strategies
- Developed detailed system for analyzing progress in conversational skill of young adult

New Haven Church, Abilene, TX

2008 – 2009

- Teacher assistant to children and adults with special needs, including Down Syndrome and Autism
- Created and tailored educational and sensory activities to meet individual needs

ADDITIONAL TRAINING

- When Children Lead the Way in Play Therapy as Natural Reparation Post-Trauma - Center for Play Therapy Conference (Dr. Eliana Gil, PhD., RPT-S) 2011
- Factors to Consider When Increasing Appropriate Social Interactions - Families for Effective Autism Treatment (Gail Wayman M.Ed. BCBA) 2013
- Using the DSM-V in Play Therapy - Association for Play Therapy Workshop (Kimberly King, PhD, LPC-S, RPT-S, NCC) 2014
- Legal and Ethical Issues in Play Therapy and Child Pharmacology - Center for Play Therapy Summer Workshop (Dr. Daniel Sweeney, PhD., LPC, LMFT, RPT-S) 2014
- A New Leash on Life - Pet Partners (Susan Schultz, LPC, LMFT) 2014
- Introduction to Sand Tray Therapy - DFW Center for Play Therapy Training 2016
- Play Therapy Techniques: Resolution of Core Feelings Through Play -Healthcare Training Institute 2016
- LPC Ethics Workshop - DFW Center for Play Therapy Training 2016
- Essentials of Canine Behavior & Training for AAPT: Building the Therapeutic Partnership - The Family Enhancement and Play Therapy Center, Inc. (Risè VanFleet, Ph.D., RPT-S, CDBC) 2017
- Anger and Behavior Management Seminar - Mesa Springs Hospital 2018
- Addressing Trauma with Children and Parents - Center for Counseling and Family Relationships 2019
- Addressing the ADHD Brain: Moving Beyond Medication and Behavior Management (Jeff Tarrant, Ph.D., BCIAEEG, BCN, Licensed Psychologist) 2019
- Legal/Ethical Training - The North Texas Families in Transition Workgroup 2019
- Mindfulness and Therapeutic Yoga Interventions - North Central Texas Counseling Association 2019
- B.R.A.V.I.N.G. Wholehearted Parenting in Play: Cultivating Resilience in How we Parent, Lead, and Connect with our Play Therapy Clients and Parents - North Texas Chapter of The Association for Play Therapy 2019
- Grieving and Remembering Well: Tools for Healing (David Kessler) 2019
- Mindfulness, Healing and Transformation: The Pain and Promise of Befriending the Full Catastrophe (Jon KabatZinn, Ph.D) 2019
- Oppositional Defiant Disorder in Children (Dr. Russell Barkley, Ph.D.) 2019
- Understanding Children's Art (Cathy Malchiodi, PhD, LPCC, LPAT) 2019

COURSEWORK

- Graduate: play therapy, filial therapy, individual therapy, group counseling, human development, multicultural counseling, and assessment
- Undergraduate: adolescent counseling, parenting, child development, ministry courses, multicultural communication, family communication, and social work

VOLUNTEER WORK

- Relief worker (Made in the Streets, Nairobi, Kenya) 2007
- Childcare provider (Day Nursery of Abilene, Abilene, TX) 2008
- Homeless outreach (Love and Care Ministry, Abilene, TX) 2004, 2008
- Official Advocate for children in poverty (Compassion International) 2008 – 2010
- Assistant Trail Guide (Marshall Creek Ranch, Southlake, TX) 2013 – 2015