

# Chelsea Bessinger

Cell: (817) 789-0042 Email:Chelseambo20@gmail.com

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**Objective:** My goal in life was to be a counselor for people dealing with any type of hardship that comes their way and helping them through that process. Working and going to school has taught me how to manage my time wisely. Throughout my time as a counseling intern, I have gathered many skills to utilize in therapy with all ages.

## Skill Summary:

- Play therapy experience.
- Art therapy and expressive arts experience.
- Experience at an intensive outpatient and partial hospitalization.
- Strong Leadership and management skills.
- Customer service skills.
- Multitasking and administrative skills for 6 years.
- Confident in interacting with individuals at all developmental stages.

## Education:

University of North Texas M.S. Counseling <i>CACREP accredited Clinical Mental Health</i>	Denton, Tx	August 2014- August 2017  Masters Comprehensive Exam: Passed National Counseling Exam: Passed
Texas Tech University B.A. Psychology Major: Psychology    Minor: Human Development and Family Studies	Lubbock, Tx	August 2010-May 2014

## Licenses:

Licensed Professional Counselor –Intern Supervised by Beth Lewis M.A., LPC-S	TX    #79024	January 2018 – Present
National Certified Counselor		Expires 10/31/2022
Licensed Professional Counselor		Applying July 2019.

## Organizations:

American Counseling Association	Member	August 2014 – Present
CSI Rho Kappa Chapter	Member	January 2016 – 2018
Pi Beta Phi	Active Alumnae Member Sisterhood Event Chair Homecoming Assistant Standards Board Leading with Values Chair Points Chair	May 2014-Present August 2010-May 2014 January 2011-January 2012 October 2011 January 2011-May 2014 November 2011-November 2012 January 2012- November 2012

	Literacy Awareness day Head of Standards Board	October 2012 November 2012-December 2013
Order of Omega	Member	2012-2014

## Relevant Class Courses:

Diagnosis 2015	Play Therapy 2015	Adolescents 2015
Ethics 2015	Diversity 2015	Advanced Skills 2016
Practicum 2016	Group Therapy 2016	Group Play Therapy 2016
Crisis 2016	Addictions 2016	Appraisal 2016
Internship 2017		

## Work Experience:

Keller Child and Family Therapy <i>LPC-Intern</i>	Keller, Tx	2018 – present
<ul style="list-style-type: none"> <li>• Conducting therapy with a wide range of ages 3-55</li> <li>• Managing my own schedule and clients needs</li> <li>• Marketing myself and the practice</li> <li>• Working closely with other practitioners to assess for best care for clients</li> </ul>		
Beth Lewis Therapy Group <i>LPC-Intern</i>	Fort Worth, TX	2017 - present
<ul style="list-style-type: none"> <li>• Conducting therapy with a wide range of ages</li> <li>• Working closely with co-workers and supervisor</li> <li>• Marketing and scheduling my own clients</li> </ul>		
UNT Office of Disability accommodations <i>Graduate Assistant</i>	Denton, TX	2015- August 2017
<ul style="list-style-type: none"> <li>• Multitasking in administration and paying attention to details.</li> <li>• Working closely with students and professors.</li> <li>• Strong communication between office assistants, management, students, parents, and professors.</li> <li>• Participated on board to hire new director for the office of disability accommodations.</li> </ul>		
Flips For Fun <i>Gymnastics/Cheerleading/Swim Coach</i>	Keller, TX	09-2015 (summers only in years 10-14)
<ul style="list-style-type: none"> <li>• Teaching children ages 3-18 skills and confidence.</li> <li>• Administration responsibilities and collecting payment.</li> <li>• Strong customer service and communication with parents and children.</li> </ul>		
TTU southwest collections library <i>Setting up exhibits</i>	Lubbock, TX	2012-May 2014
<ul style="list-style-type: none"> <li>• Time management skills for deadlines on exhibits.</li> <li>• Attention to detail in order to replicate artifacts for the exhibits.</li> <li>• Strong communication with supervisor.</li> </ul>		

## Volunteer Work & Other Activities:

<b>The Art Station</b> Counseling Intern	Fort Worth, TX	January 2017 – August 2017
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<b>Counseling and Human Development Center</b> Counseling Intern	Denton, TX	August 2016 – December 2016
<b>Research Assistant</b> Dr. Delucia's Lab	Lubbock, Tx	Fall 2013-Spring 2014
<b>Big Brother Big Sister</b>	Lubbock, Tx	October 2012- May 2014
<b>Covenant</b> Reading to children	Lubbock, Tx	2011 - 2014