

Lisa Michelle Hrycushko, M.S., LPC

Lallison.counseling@gmail.com

EDUCATION

M.S. Counseling

University of North Texas, Denton, TX (CACREP Accredited)

Specialty: College Counseling

December 2008

B.S. Psychology

Texas A&M University, College Station, TX

Cum Laude

May 2005

CREDENTIALS & PROFESSIONAL MEMBERSHIPS

- **Licensed Professional Counselor** March 2012-present
License Number 66901
- American Counseling Association 2008-present
Member Number: 6267608
- Texas Counseling Association 2008-present
College Counseling Division
Member Number: 66692
- Chi Sigma Iota Counseling Honor Society 2006-2008
Social Committee Co-Chair 2007-2008
- Who's Who American Universities and Colleges 2005
Texas A&M University

PROFESSIONAL EXPERIENCE

Tarrant County College- Fort Worth, TX January 2014-present

Counselor

- Counsel and provide individual and group educational and vocational guidance services.

- Provide academic advising including degree and course selection, registration, transfer requirements, and university policies.
- Coordinate with campus police, faculty administrators, and staff to provide crisis intervention, counseling, and referral.
- Case-manage and provide appropriate interventions for students on academic success plans, which includes students on academic and financial aid suspension.
- Provide Health and Wellness workshops on topics such as stress management, healthy relationships, and suicide prevention.
- Certified Mental Health First Aid Instructor, providing eight hour certification training to students, faculty, staff, and community members.
- Collect, organize, and analyze information about individuals through records, tests, interviews, and professional sources to appraise their interests, aptitudes, and personality characteristics, for vocational and educational planning.

UNT Health Science Center-Fort Worth, TX

September 2009-January 2014

Academic Support Specialist

- Coordinated Early Intervention Programs for students.
- Provided appropriate academic counseling and consultations for students of all schools and programs at UNTHSC.
- Used diagnostic tools and assessments for establishing the cause of students' academic difficulties.
- Met with students subject to student performance committee review to facilitate their academic performance improvements, per recommendation by the committee.
- Provided writing assistance for academic essays, course papers, dissertations, theses, and professional reports.
- Presented seminars and workshops on writing, research, APA style, study skills, and other topics as needed.

UNT Health Science Center-Fort Worth, TX

February 2009-September 2009

Student Development Coordinator

- Planned, implemented, and evaluated special events for all students at the university, including but not limited to Preview Day, Relocation Fair, and Field Day.
- Developed and facilitated New Student Orientation for incoming medical students, physician assistant students, and graduate students.
- Advised 44 student organizations.
- Trained and supervised student workers, interns, and orientation leaders.
- Managed financial accounts for student organizations, including procurement card reconciliations, purchasing requests, and reimbursements.

- Aided in planning events for Leadership Institute, including communicating with guest lecturers and advertising programs
- Active in implementing OrgSync software to manage student organizations and governments.
- Assisted in the development of the first UNTHSC First Year Experience Program calendar and kick-off event.

University of North Texas-Denton, TX

December 2006-February 2009

Academic Success Programs Coordinator

- Assisted in the development and execution of the Academic Success Pilot Program to provide students with a successful academic career at the university.
- Secured permanent funding for this program through the Division of Student Development.
- Facilitated Academic Success Program Workshops for specific student populations, including students on Academic Alert, Academic Probation, Emerald Eagle Scholars, and Deferred Scholars.
- Planned and presented workshops on time management, study skills, learning styles, motivation, goal setting, and other academic topics.
- Facilitated individual counseling with students regarding their academic success and progress.
- Used diagnostic tools and assessments for establishing the cause of students' academic difficulties to ensure appropriate and successful academic improvement plans.
- Maintained confidential student records.
- Hired and directly supervised Graduate Assistant for Academic Success Programs.

CLINICAL EXPERIENCE

Tarrant County College- Fort Worth, TX

January 2014-present

Counselor

- Counsel and provide individual and group educational and vocational guidance services.
- Provide academic advising including degree and course selection, registration, transfer requirements, and university policies.
- Coordinate with campus police, faculty administrators, and staff to provide crisis intervention, counseling, and referral.
- Case-manage and provide appropriate interventions for students on academic success plans, which includes students on academic and financial aid suspension.
- Provide Health and Wellness workshops on topics such as stress management, healthy relationships, and suicide prevention.

- Assist in coordinating annual Health Fair for students with campus and community resources.
- Collect, organize, and analyze information about individuals through records, tests, interviews, and professional sources to appraise their interests, aptitudes, and personality characteristics, for vocational and educational planning.

UNT Health Science Center March 2012-present

Licensed Professional Counselor

- Conduct individual and group counseling with graduate and professional students.
- Manage counseling hotline and e-mail and respond to students seeking mental health assistance.
- Design counseling intake forms and related counseling documents for UNTHSC Student Affairs.
- Manage Counseling Services website for UNTHSC Student Affairs.
- Interface and network with outside counseling agencies.
- Serve on UNTHSC CARE Team

UNT Health Science Center September 2010-present

Licensed Professional Counselor Intern

- Conduct individual and group counseling with graduate and professional students.
- Manage counseling hotline and e-mail and respond to students seeking mental health assistance.
- Established and implemented Counseling Services on campus for the University.
- Designed counseling intake forms and related counseling documents for UNTHSC Student Affairs.
- Designed Counseling Services website for UNTHSC Student Affairs.
- Interfaced and networked with outside counseling agencies.

University of North Texas-Denton, TX August 2007-May 2008

College Counseling Intern-Learning Center

- Completed 768 internship hours, 249 being direct client contact hours for my counseling degree.
- Provided individual and group talk therapy sessions for selected college students under supervision by licensed therapists and professors.

- Provided counseling services to a diverse group of individuals from various cultural, religious, and racial backgrounds.
- Administered and interpreted assessments.
- Provided and presented case conceptualizations and diagnoses.
- Developed treatment plans for individual and group clients.
- Maintained accurate, complete, and confidential case notes.
- Delivered psycho-educational information on maintaining academic success by creating connections between students and their academic resources on campus.

University of North Texas-Denton, TX June 2007-August 2007

Clinical Counseling Practicum Student-Counseling & Human Development Center

- Conducted individual and group talk therapy sessions with adults in both the UNT and Denton communities under faculty supervision.
- Administered and interpreted assessments.
- Treatment issues seen included depression, anxiety, relationship and self-esteem issues.
- Provided and presented case conceptualizations and diagnoses.
- Maintained complete and accurate case notes.
- Received weekly triadic and individual supervision by licensed counselors and faculty.

PSYCHOLOGICAL & EDUCATIONAL ASSESSMENTS:

Trained at University of North Texas, Fall 2006

- Adult Self Report (ASR)
- Beck Anxiety Inventory (BAI)
- Beck Depression Inventory (BD I-II)
- Learning and Study Strategies Inventory (LASSI)
- Minnesota Multiphasic Personality Inventory (MMPI-2)
- Myers-Briggs Type Indicator (MBTI)
- Self-Directed Search (SDS)
- Strong Interest Inventory (SII)
- Substance Abuse Subtle Screening Inventory (SASSI-3)
- Symptom Checklist 90-Revised (SCL-90-R)

- VARK Learning Styles Assessment

CONFERENCE PRESENTATIONS

Allison, L. (October 2011). *A workable plan: Using Choice Theory to advise students*. Poster presentation to College Academic Support Programs (CASP), Austin, TX

Allison, L. (November 2010). *How's that working for you? Using Reality Therapy to engage students*. Presentation to College Reading and Learning Association (CRLA), Salt Lake City, UT

Adams, J., Saucer, R., & Allison, L. (October 2008). *Implementing a volunteer tutor program: A university resource*. Presentation to College Reading and Learning Association, Cleveland, OH

PROFESSIONAL HONORS & AWARDS

- *Star Performer Award*, UNT Learning Center, Fall 2008
- *New Staff Member of the Year Award*, UNT Division of Student Development, 2007
- *Innovation Award*, Academic Success Programs, UNT Division of Student Development, 2007

PROFESSIONAL SERVICE

- Mental Health First Aid (MHFA) Instructor (2015-present)
- ASK About Suicide to Save a Life, Instructor (2013-present)
- Presenter Tarrant County College's Student Success Conference (September 2014)
- CARE Team referral and counseling advisor at Tarrant County College (2014-present)
- UNTHSC CARE Team member (Fall 2011-Fall 2013)
- UNTHSC Student Affairs staff mentor (Fall 2009-Fall 2013)
- Representative, Student Affairs Employee Benefit Action Committee (EBAC), (Fall 2009-Spring 2010)
- Chi-Sigma Iota-Rho Kappa Chapter's Social Committee Co-Chair (2007-2008)
- UNT Student Affairs Staff Development Committee (2007-2009)
- Staff mentor, UNT Student Success Mentoring Program (2007-2009)