

Lindsey Marie Engel, MA, QMHP-CS, LPC

Texas Licensed Professional Counselor, #73967
lindseyengelcounseling@gmail.com

Address:
8821 Davis Blvd, #300
Keller, TX 76248

Telephone:
W: (682) 253-1156

Education

Dallas Baptist University (DBU), (214) 333-7100
3000 Mountain Creek Parkway, Dallas, TX 75211

Master of Art in Counseling

- Overall GPA: 3.9

August 2012 – December 2014

Oklahoma State University (OSU), (405) 744-8426
322 Student Union, Stillwater, OK 74078

Bachelor of Science in Hotel and Restaurant Administration

- Summa Cum Laude
- Overall GPA: 3.91

August 2008 – December 2010

Licenses and Professional Memberships

- Licensed Professional Counselor
License #73967

January 2017 – Present

Clinical Counseling Experience

Therapist

Alliance Child and Family Solutions, (817) 447-3001
4232 Heritage Trace Parkway, Keller, TX 76244

- Facilitate individual therapy with adult and adolescent clients struggling with depression, anxiety, bipolar, and addiction.
- Provide individual play therapy with children with depression, anxiety, and behavioral concerns.
- Communicate with local schools and agencies on behalf of clients.
- Provide appropriate resources and referrals.

July 2017 - Present

Contract LPC

Galloway Counseling Center, (817) 932-3105
8821 Davis Blvd, Ste 300, Keller, TX 76248

- Facilitate individual therapy with adult and adolescent clients struggling with depression, anxiety, bipolar, and addiction.
- Provide individual play therapy with children with depression, anxiety, and behavioral concerns.
- Communicate with local schools and agencies on behalf of clients.
- Provide appropriate resources and referrals.

August 2015 - Present

Program Therapist

Mayhill Hospital, (940) 239-3000
2809 S. Mayhill Rd., Denton, TX 76208

- Manage a caseload of up to 25 adult and geriatric patients.
- Provide individual, family, and group therapy along with psychoeducation within an Inpatient setting to adults and geriatric patients as well as their families.
- Facilitate biopsychosocial assessments and brief intervention screenings with all patients on assigned caseload.
- Collaborate with medical and therapeutic staff to plan, deliver, and assess patient treatment goals and needs.
- Provide appropriate resources and referrals.

June 2016 – April 2016

Crisis Intervention Therapist

University Behavioral Health, (940) 320-8100
2026 W University Dr., Denton, TX 76201

- Facilitate crisis assessments with patients in an emergent setting from ages 5+ and their families to determine appropriate levels of care for patients.
- Collaborate with medical and therapeutic staff to plan, deliver, and assess patient treatment goals and needs.
- Provide appropriate resources and referrals.

February 2016 – July 2016

Intake/Program Therapist

Sundance Behavioral Healthcare, (817) 222-9191
2707 Airport Freeway, Fort Worth, TX 76111

- Facilitate intake assessments with children and adolescents (ages 5-18 years old) and their families to determine appropriate levels of care for patients.
- Coordinate PHP and IOP admissions for patients including explanation of the program, rules, and patient rights, acting as a liaison between therapeutic, nursing, physician, and clinical staff, and verifying patient insurance benefits.

December 2015 – July 2016

- Screen incoming phone calls, schedule intake assessments, and communicate with local agencies and school personnel.
- Provide individual, family, and group therapy along with psychoeducation within a PHP and IOP setting to children and adolescents as well as their families.
- Collaborate with medical and therapeutic staff to plan, deliver, and assess patient treatment goals and needs.
- Provide appropriate resources and referrals.

Qualified Mental Health Professional – Community Services

March 2015 – December 2015

MHMR of Tarrant County – Women’s Crisis Respite/Residential Unit, (817) 569-4300
3840 Hulen St., Fort Worth, TX 76107

- Facilitated group counseling and psychoeducation sessions with women in a residential crisis unit.
- Provided individual counseling sessions weekly with clients.
- Facilitated initial intake assessments with new clients to determine an appropriate level of care.
- Completed psychosocial assessments, ANSAs, and treatment plans for respite and residential treatment.
- Collaborated with medical and therapeutic staff to plan, deliver, and assess patient treatment goals and needs.
- Provided appropriate resources and referrals.

Master’s Level Intern/Volunteer Counselor

May 2014 – March 2015

SafeHaven of Tarrant County, (817) 535-6462
1100 Hemphill St., #303, Fort Worth, TX 76104

- Provided individual counseling sessions for adults who have experienced domestic violence.
- Facilitated individual counseling and play therapy sessions for children who have experienced domestic violence.
- Facilitated initial intake assessments and parent consults with adult victims and their children.
- Provided appropriate resources and referrals.

Psychological and Educational Assessment

Trained at Dallas Baptist University, Summer 2014

- Myers-Briggs Type Indicator (MBTI)
- Strong Interest Inventory (SII)
- Weschler Intelligence Scale for Children – IV (WISC-IV)
- Beck Depression Inventory (BDI)

Professional Development and Training

Attended Kaleidoscope of Play Therapy Techniques presented by Sonia Hinds, PMHCNS-BC February 2014
Dallas, TX

Attended Overview of Child Parent Psychotherapy: Core CPP Didactics presented by Chandra Ghosh Ippen, Ph.D April 2017
Tulsa, OK

Attended 2017 Children’s Behavioral Health Conference, Norman, OK May 2017

- Diagnostic and Classification of Mental Health and Developmental Disorders of Infancy and Early Childhood: DC:0-5 An Overview, Part 1, 2 & 3 presented by Kathleen Mulrooney, MA, LPC, ACS
- Toddler Tantrums and Self Regulation presented by Angie Metcalf, MA, LPC-S
- Feeding and Sleep Disorder in Infants and Young Children – Part I presented by Tessa Chesher, DO
- Trauma-Sensitive Yoga for Children & Adolescents presented by Alyssa Caitis

Attended East Central University, Ada, OK, Overall GPA: 4.0 June-July 2017

- Standardized Group Tests
- Advanced Physiological Psychology
- Advanced Abnormal Psychology
- Advanced Childhood and Adolescent Psychology

Related Coursework

Graduate Coursework: Introduction to Professional Counseling, Lifespan Human Development, Counseling Theories and Techniques, Group Counseling Methods, Counseling Victims of Trauma, Career Counseling and Lifestyle Development, Psychopathology, Marriage and Family Counseling, Pre-Practicum in Counseling, Addictive and Compulsive Disorders, Contemporary Approaches to Christian Counseling, Advanced Counseling Methods and Crisis Intervention, Multicultural Perspectives, Psychological Testing, Counseling Practicum I, Research Methods, Comprehensive Counseling Review, Counseling Practicum II

Undergraduate Coursework: General Psychology

Professional Interests

Cognitive Behavioral Therapy, Mindfulness Based Relaxation Techniques, Child Focused Play Therapy, Client-Centered Therapy, Trauma-Focused Cognitive Behavioral Therapy, Child Parent Psychotherapy

