
Rachael Patterson, M.Ed., LPC-Intern

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Education

Master of Education, Counseling, 2012

University of North Texas, Denton, Texas (CACREP-accredited)
Community Counseling Track with Play Therapy Specialty
GPA 4.0

Bachelor of Science, Integrated Marketing Communications, 2005

Abilene Christian University, Abilene, Texas
Minor in Psychology
GPA 4.0

Clinical Experience

Child and Family Resource Clinic, Denton, TX

2012

- Facilitated individual counseling with 10 to 12 clients per week, including adults, children and adolescents
- Facilitated a 10-week Filial Therapy group for parents interested in Child-Parent Relationship Training
- Implemented play therapy with students in local elementary schools
- Held parent consultations with parents of child clients to keep parents involved in child's therapy
- Attended and participated in weekly team case meetings
- Attended weekly one-hour supervision meetings
- Developed conceptualizations and treatment plans for all clients
- Maintained all appropriate case files according to agency standards

Clinic Director: Dee Ray, Ph.D., LPC-S

Site Supervisor: David Huffman, M.Ed., LPC-I, NCC

Counseling and Human Development Center, UNT, Denton, TX

2011

- Facilitated individual counseling with 4 to 5 clients per week, including adults and children
- Maintained all appropriate case files
- Developed and presented client case conceptualization to discuss with class
- Participated in weekly group supervision with faculty advisor and weekly triadic supervision with doctoral supervisor

Faculty Supervisor: Natalya Lindo, Ph.D., LPC-S

Doctoral Supervisor: Hayley Stulmaker, M.Ed., LPC-I

Group Counseling Leader

2012

R. L. Turner High School, Carrollton, Texas

- Co-led 10-week process group for teen mothers
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Professional Experience

- ChristianWorks for Children, Dallas, TX** **2013 - present**
- Facilitate individual counseling with adolescents and adults
 - Facilitate play therapy with children ages 3 to 10
 - Facilitate family therapy and parent skills training during parent consultations
 - Attend and participate in workshops offered to professionals and to the public
 - Develop case conceptualizations for all clients
 - Maintain all appropriate case files according to agency standards
- Kids in Divorce, Walnut Hill Church of Christ, Dallas, TX** **2014 - present**
- Facilitate the screening of volunteers
 - Attend trainings and help train volunteers
 - Facilitate marketing plans to ensure the community knows about the program
 - Coordinate weekly curriculum for 4 groups of varying ages
 - Assess crisis situations that arise during support group time

Awards and Honors

William Randolph Hearst Scholarship, Department of Counseling and Higher Education, UNT, 2011

Licenses and Professional Memberships

Licensed Professional Counselor – Intern
License #71682
2013 - present

Chi Sigma Iota Counseling Academic and Professional Honor Society International
2010 - present

American Counseling Association (ACA)
2011 - present

Coursework

Graduate courses: play therapy, filial therapy, group counseling, human development, multicultural counseling, and assessment

Undergraduate courses: abnormal psychology, childhood psychology, family studies, emotional and behavioral disorders in children

Additional Training

- Center for Play Therapy Fall Conference** **2011**
- “When Children Lead the Way in Play Therapy as Natural Reparation Post-Trauma” - Dr. Eliana Gil, Ph.D., RPT-S
- Griefworks; ChristianWorks for Children** **2014**
- “Exploring the Value and Function of Soul-Based Grief Symptoms: Companioning Mourners and Yourself” - Dr. Alan D. Wolfelt, Ph.D.
- North Texas Chapter of Texas Association for Play Therapy** **2014**
- “DSM 5 Child Diagnoses and Play Themes and Behaviors Observed in the Play Room” - Dr. Kimberly King, Ph.D., LPC-S, RPT-S
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